

GOLD ROUTE REGISTRATION SHEET/KIT DECLARATION SHEET

Thank you for entering this years Three Peaks Trial Challenge Walk.

!!!!Please Sign This Sheet –YOU MUST BRING IT TO REGISTRATION!!!!

KIT DECLARATION:

Required Kit:

Map 1:25000 or 1:50000;

Compass (for groups doing the entire route together one map and compass for 3 entrants is sufficient);

Torch and spare batteries;

Whistle;

Emergency Rations;

Simple First Aid Kit (including plasters & a blister kit);

Waterproofs (including over trousers);

Sensible footwear - boots with ankle support and good tread, experienced runners should have appropriate footwear.

For contact in an emergency it would also be useful if walkers carried a mobile phone.

I acknowledge that failure to carry any of the required kit as listed will result in disqualification from the event.

I CONFIRM I WILL TAKE THE KIT LISTED ABOVE:

Fabian4 'Bib Number':

Find your 'Bib Number': This will appear on <http://www.fabian4.co.uk/start/list.aspx?EventID=3518> on Tuesday 19th March.

We will email you once they are available.

Name

(PRINT NAME IN BLOCK CAPITALS)

Entrant's Signature

(If Under 16 to be signed by Parent or Guardian)

Mobile Number

(in case of any 'on the day' emergency)

Also in case of emergency:

Name of Emergency Contact

Phone Number of Emergency Contact

Notes:

- **The halls close for returning walkers at 19:00 Hrs**—Please endeavour to return to the Scout Hall before this time.
- **Please Note:** Water is available at all low level checkpoints.
- **Walkers who arrive after Checkpoints have closed must retire.** Also you must inform the Organisers you have retired from the event (the phone number is on the Checkpoint Card). You are also welcome to return to the Guide Hall for refreshments.
- **REGISTRATION CHECK-IN SUMMARY:**
Check-in on arrival in the Guide Hall. Register and collect your checkpoint card and wristband tag. On your return after doing the Gold Route, check –in at the Scout Hall. Refreshments will be available in the guide hall.
- The layout of the halls (Guide Hall and Scout Hall) are shown on the event website, www.threepeakstrial.co.uk
- The north slope of Blorenge is very steep. Extreme care is required when ascending, particularly in wet weather. Also be careful of loose stones on the north side of Skirrid.

Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

GOLD

